

**GRANTEE: PHILOMENA HOUSE****Positive Alternatives 2013 - 14 Quarterly Update**

**GOAL: To provide temporary housing to two to four pregnant women in a life-affirming program that empowers them to become financially independent and self-sufficient**

**For the period: January 2 - March 31 2016**

Activity or Service	Activity or Service Description	Work Plan Count	Program Progress and Accomplishments	Report Count
	Major Work Plan Activities		Report the progress and accomplishments made this period on each activity.	
<b>Housing Assistance</b>	Provide a home and evening meal for women and their baby, when born; provide intake assessment and follow-up	2 to 4	One had her son Oct.13 and both are thriving. She has been able to get a job. She attended classes for a CDL license and hopes to drive bus. One had a C-section on 1-18-16. A healthy baby girl was born and	2
<b>Financial &amp; Life Coaching Assistance</b>	Provide assessment; provide Financial Freedom classes; assist residents in completing financial assistance applications	2 to 4	One completed financial & Life coaching. She has passed all testing for her CDL license and will interview for driving a bus. Attended "Dress for Success" to prepare for her interview. One left after	0.06
<b>Mentoring</b>	Pair residents with volunteer mentors; provide intake assessment, support in carrying pregnancy to term & setting goals; & assistance in development in areas indicated in assessment	2 to 4	Two are paired with mentors. One has a mentor who could help/encourage further education. She also has a younger mentor- her own age- to encourage more activity (go for walks, library) One has a great relationship with her mentor who has the same name as hers and visits her weekly to discuss all her issues with baby/jobs/money.	2
<b>Nutrition</b>	Provide nutrition education; provide healthy snacks during meetings; provide instruction in meal planning, shopping and cooking	2 to 4	Housemother takes both guests shopping for food and points out high protein, low fat, sodium contents on label of packages vs. cost. Guests will eat some foods prepared for them but prefer cooking / overeating alone.	2

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<b>Parenting Education</b>	Provide parenting education to residents Make parenting plans/adoption presented in a positive manner.	<b>2 to 4</b>	Both guest have attended parenting classes. One had placed a daughter for adoption when she was 18 yrs. old and has some anxiety about parenting but feels she is 'ready at 23' but left Philomena	<b>0</b>
<b>Pregnancy Education</b>	Provide information on healthy pregnancy and additional pregnancy education; provide information on alcohol, drug and smoking cessation	<b>2 to 4</b>	Both guests have attended Parenting Class at Options for Women and had Doula before, during and after their deliveries. One had her baby and seems to be adjusting to her role very well. One seems to be distracted by boyfriend's comments	<b>2</b>
<b>Provide Necessary Services Assessments Only</b>	Staff provides clients <b>only</b> intake assessments, information on, referral to and assistance with securing necessary services	<b>2</b>	Both present guests have visited the dentist and gone to all the Obstetric appointments. Both have visisted the Pediatriacian after delivery. One had Opthamologist apt. and got new glasses.	<b>0.02</b>
<b>Evaluation</b>	<i>Women received car seats and car seat safety education from a PA funded program activity</i>			
<b>Evaluation</b>	<i>Women received car seat safety education only from a PA funded program activity</i>			
<b>Evaluation</b>	<i>Women received child abuse prevention education from a PA funded program activity</i>			
<b>Evaluation</b>	<i>Women received abusive head trauma education from a PA funded program activity</i>			

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<b>Evaluation</b>	<i>Women received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>			
<b>Evaluation</b>	<i>Women received sleep safety education only from a PA funded program activity</i>			
<b>Challenges</b>	We were told one guest had mental issues and had involuntarily placed her daughter when she was 18 years old. She was given two mentors. She was given much-needed new clothing. She refused a recommendation for a Public Health Nurse. A doula guided her through her C-section. Many attempts were made by the housemother and director to help her with many issues. She was very intelligent but			
<b>Comments</b>	One guest worked hard with us and Coaches/Mentor and seems to have reached her dream goal of driving a bus. She is awaiting results of her interview. She has not been willing to be careful about eating and is morbidly obese. We will soon have a treadmill and stationary bike. We hope she will respond to this mode of exercise and another discussion about calories.			